



## Checklist Of First-Aid Items To Have In A First-Aid Room At The Workplace

Workplaces are the most common places for medical emergencies. People can trip over, cut themselves, have allergic reactions, or have a bad stomach because of junk food when they are at the workplace. Thus a first-aid room is necessary to maintain where at least 50-100 people are working.

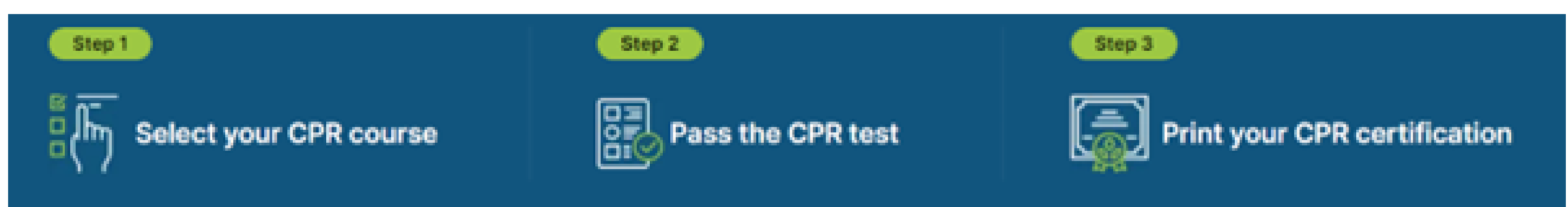
### Checklist for Basic First-Aid Items to Stock up in the First-Aid Room at Your Workplace:

1. A complete and replenished first aid kit for the workplace
2. A hand cleanser and a few disposable paper towels
3. An examination couch
4. An examination lamp with a magnifier
5. A cupboard for storage
6. A container with disposable lining for soiled waste
7. A container for the safe disposal of sharps
8. A bowl or bucket
9. Electric power points to use medical devices
10. A chair and a table or desk
11. An emergency call system



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